

Welcome All,

You are cordially invited to attend the Fifth Annual Excel Open. I would like to thank everyone for your support last year and I hope that everyone in attendance had a good experience. My tournament staff feels this year will run just as smooth as last year with the support of fellow competitors and promoters. Let's all have fun and be safe!

Yours in the Martial Arts  
Sa Bom Nim Andy D'Amato

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|                   |   |
|-------------------|---|
| Date:             | Saturday, June 5th  |
| Time:             | Demo Team begins at 8:30 a.m. Team Fighting begins at 9:00 a.m. All other divisions to follow.  |
| Location:         | Terryville High School-33 North Harwinton Ave, Terryville, Connecticut  |
| Rating:           | I.P.P.O.N.E.  |
| Pre-Registration: | \$50 for all events if registered by May 29<br>Checks payable to: Andrew D'Amato, 495 Nova Scotia Hill Rd., Watertown, CT, 06795  |
| Registration:     | Registration begins at 7:30 am. <u>NO CHECKS AT THE DOOR</u><br>\$60 for all events if registering day of the tournament  |
| Demo Team:        | No Fee. All team members must be registered competitors. 5 minute time limit.   |
| Spectator Fee:    | \$8-Please pay at the door  |
| Safety Equipment: | Foam-dipped hands, feet, headgear and mouthpiece are mandatory in all fighting divisions. Protective cup is mandatory for all male competitors. All competitors must provide their own equipment. |
| Weapons:          | Intermediate rank and up only   |
| Grands:           | Awards for colored belts and black belts  |

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### **DIRECTIONS TO TERRYVILLE HIGH SCHOOL**

#### FROM MASS PIKE AND I-91

Take I-84 west to exit 38 (route 6 west/Bristol). Continue on route 6 for approx. 12 ½ miles into Terryville. Turn right onto Harwinton Ave. (Terryville Chevrolet will be on your right, Dunkin Donuts will be on your left). Approx. ½ mile ahead, Harwinton Ave. turns left. Take a quick right onto North Harwinton Ave. Terryville High School will be on your left.

#### FROM ROUTE 8 NORTH OR SOUTH

Take exit 39. Follow route 6 east approx. 2 ½ miles. Take a left onto Harwinton Ave. Follow directions above

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### HOTELS IN THE AREA

Clarion Hotel (860) 589-7766 Hartford Marriott Farmington (860) 678-1000

Sa Bom Nim Andrew D'Amato Proudly Presents The

5<sup>th</sup> Annual

# EXCEL

OPEN

SATURDAY, JUNE 5TH, 2010

TERRYVILLE HIGH SCHOOL

TERRYVILLE, CT

WEAPONS-FORMS-SPARRING

NEW THIS YEAR-DEMO TEAM COMPETITION

ALL STYLES WELCOME



I.P.P.O.N.E.

RATED

REGISTRATION BEGINS AT 7:30 AM

DEMO TEAM AT 8:30AM

TEAM FIGHTING AT 9:00AM

ALL OTHER DIVISIONS TO FOLLOW

FOR MORE INFORMATION  
CONTACT ANDY D'AMATO

(860) 582-1950

# THE EXCEL OPEN

TERRYVILLE HIGH SCHOOL-TERRYVILLE, CT-JUNE 5TH 2010

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
AGE \_\_\_\_\_ RANK \_\_\_\_\_ PHONE \_\_\_\_\_  
SCHOOL NAME \_\_\_\_\_  
INSTRUCTOR \_\_\_\_\_

\$50 for all events if registered by May 29

\$60 for all events if registering day of the event

Make checks payable to:  
Andrew D'Amato  
495 Nova Scotia Hill Rd  
Watertown, CT 06795

## NO CHECKS ON THE DAY OF THE EVENT

Divisions may be combined or split if necessary

### BOYS

- FORMS    FIGHTING
- 6 and under all ranks
- 7-8 Novice
- 7-8 Intermediate
- 7-8 Advanced
- 9-10 Novice
- 9-10 Intermediate
- 9-10 Advanced
- 11-12 Novice
- 11-12 Intermediate
- 11-12 Advanced
- 13-14 Novice
- 13-14 Intermediate
- 13-14 Advanced
- 15-17 Novice
- 15-17 Intermediate
- 15-17 Advanced

### GIRLS

- FORMS    FIGHTING
- 6 and under all ranks
- 7-8 Novice
- 7-8 Intermediate
- 7-8 Advanced
- 9-10 Novice
- 9-10 Intermediate
- 9-10 Advanced
- 11-12 Novice
- 11-12 Intermediate
- 11-12 Advanced
- 13-14 Novice
- 13-14 Intermediate
- 13-14 Advanced
- 15-17 Novice
- 15-17 Intermediate
- 15-17 Advanced

### ADULT

- FORMS    FIGHTING
- 18-34 Men Novice
- 18-34 Men Intermediate
- 18-34 Men Advanced
- 18-34 Women Novice
- 18-34 Women Intermediate
- 18-34 Women Advanced
- 35+ Men Novice
- 35+ Men Intermediate
- 35+ Men Advanced
- 35+ Women Novice
- 35+ Women Intermediate
- 35+ Women Advanced

Physically Challenged

### WEAPONS

INTERMEDIATE AND  
HIGHER RANKS ONLY

- 10 and under Coed
- 11-12 Coed
- 13-17 Coed
- 18+ Men and Women

### BLACK BELT WEAPONS

- 12 and under Coed
- 13-17 Coed
- 18+ Men
- 18+ Women

### BLACK BELT

- FORMS    FIGHTING
- LIGHT    HEAVY
- 12 and under Boys
- 12 and under Girls
- 13-14 Boys
- 13-14 Girls
- 15-17 Boys
- 15-17 Girls
- 18-34 Men
- 18-34 Women
- 35+ Men
- 35+ Women

I, the under signed, hereby release the town of Terryville, Terryville High School, Andrew D'Amato, D'Amato's Excel Martial Arts and all persons associated with this event in any capacity from any liability due to injuries, etc. that I may incur as a result of my attendance and/or participation at the above named event. Furthermore, I hereby waive any compensation whatsoever for the use of pictures, movies, media coverage, etc., by the promoters and those designated by the promoters.

\_\_\_\_\_  
Signature (parent or guardian if under 18)

\_\_\_\_\_  
Date